

Standard Program Outline: Sample 4 Day Program

Dates:

Attention:

IMPORTANT! Please advise, no later than two weeks prior to your visit:

- **Final numbers - including the male / female breakdown (if applicable)**
- **Any special dietary requirements - email details to office@emugully.com.au**
- **A list of any non-swimmers in your group**
- **Medical information that will impact camp activities eg. crutches**
- **Please forward a Word or Excel list of student names for certificates**



Day 1	Day 2	Day 3	Day 4
1000hrs Arrival / Welcome Safety Brief / Set goals for camp Introductory Activities: Chicken Leadership The Charge No Man's Land Hoop Lunch 1230hrs Team Building Activities: Swinging Log Commando Cable Crossing Escape from Colditz Dinner 1800hrs *Own Program Supper provided	Breakfast 0730hrs Reflections with Emu Gully Staff Core Activities: Bridge over the River Kwai Siege of Tobruk Western Front Lunch 1230hrs Truck Pull Kokoda Track Swim <i>Mid Camp Brief with Group Staff</i> Dinner 1800hrs *Own Program Supper provided	Breakfast 0730hrs Reflections with Emu Gully Staff Core Activities continued: Hellfire Pass Tunnel Rats of Vietnam Lunch 1230hrs Elective Activities: Skirmish Twister Buggies Dinner 1800hrs Night Activity run and supervised by Emu Gully Staff Supper provided	Breakfast 0730hrs Reflections with Emu Gully Staff Pack Up and Cleaning Additional Activities: Storm The Fort Lunch 1230hrs Final Debrief and Departure 1330hrs <i>*The times of arrival and departure are dependent on individual group needs, and the program is adjusted around these times, the group goals and size.</i>

* We have some resources to assist staff with shed games and facilities for watching movies.

Your staff will be responsible for running and supervising the night activity where indicated (*Own Program), and also supervising students during mealtimes, free time and through the night.

Relevant policies such as Alcohol, Child Protection and Social Media can be accessed via the Health and Safety tab on our website.

For a more comprehensive guide to the activities and risk assessments, please refer to our website at www.emugully.com.au

This is a suggested program only and may be changed by Emu Gully staff due to group needs, inclement weather, or other time constraints.

Costs for your camp: Activities / Accommodation / Meals / Electives

Booked Number:	Cost per Participant (51+ Participants)	Group Staff (1:10 ratio)	Special meals (such as gluten free)	Electives – Additional Cost (GST inclusive)
Minimum Financial Commitment: (= 80% of booked number)	\$ each + GST (includes food component \$80)	\$80 each + GST Meals only charge	Additional \$3 per meal	Twisters - \$12 each (inc. GST) Skirmish - \$25 each (inc. GST)

Please Bring	Please Don't Bring
Pillow & Bedding (Sleeping bag/ Blankets/Sheet for single bed as preferred)	Mobile phones
Multiple Changes of Old Clothes (including long pants and warm jacket)	Ipods
Walking Shoes (2 pairs if possible as one pair may get wet)	Ipads
Swimmers (girls please wear a t-shirt over bikinis)	Chewing gum
Towel & Hat	No Aerosols – roll-on, pump or gel instead
Torch, Pen and Paper, Watch if you have one	Additional Items
Drink Bottle	Sun-Smart clothing needs to be worn for all activities – no singlets please
Personal toiletries	<i>Asthmatics using puffers must keep it with them at all times</i>
Insect repellent	
Plastic bag for wet and/or dirty clothes	

We look forward to having you with us at Emu Gully.