

Standard Program Outline: Sample 3 Day Program

Dates:

Attention:

IMPORTANT! Please advise, no later than two weeks prior to your visit:

- **Final numbers - including the male / female breakdown (if applicable)**
- **Any special dietary requirements - email details to office@emugully.com.au**
- **Medical Information that will impact camp activities eg. crutches**
- **A list of any non-swimmers in your group**
- **Please forward a Word or Excel list of student names for certificates**



Day 1	Day 2	Day 3
<p>1000hrs Arrival/Welcome/Safety Brief Set goals for camp Lunch 1230hrs Introductory Activities: Chicken Leadership The Charge Hoop Team Building Activities: Swinging Log Commando Cable Crossing, Escape from Colditz Dinner 1800hrs *Own Program Evening program to be run and supervised by group staff Supper provided</p>	<p>Breakfast 0730hrs 0830hrs Reflections with Emu Gully Staff Core Activities: Bridge over the River Kwai Siege of Tobruk Western Front Lunch 1300hrs <i>Mid Camp Brief with Group Staff</i> Tunnel Rats of Vietnam Kokoda Track Swim Brief and Swim Dinner 1800hrs Night Activity run by Emu Gully Staff Supper provided</p>	<p>Breakfast 0730hrs Reflections with Emu Gully Staff Pack Up and Cleaning Additional Activities: Storm The Fort Lunch 1200hrs Final Debrief and Departure 1300hrs</p> <p><i>*The times of arrival and departure are dependent on individual group needs, and the program is adjusted around these times, the group goals and size.</i></p>

* We have some resources to assist staff with shed games and facilities for watching movies.

Your staff will be responsible for running and supervising the night activity where indicated (*Own Program), and also supervising participants during mealtimes, free time and overnight.

Relevant policies such as Alcohol, Child Protection and Social Media can be accessed via the Health and Safety tab on our website.

For a more comprehensive guide to the activities and risk assessments, please refer to our website at www.emugully.com.au

This is a suggested program only and may be changed by Emu Gully staff due to group needs, inclement weather, or other time constraints.

Costs for your camp: Activities / Accommodation / Meals / Electives

Booked Number:	Cost per Participant (51+ Participants)	Group Staff (1:10 ratio)	Special meals (such as gluten free)	Electives – Additional Cost (GST inclusive)
Minimum Financial Commitment: (= 80% of booked number)	\$ each + GST (includes food component \$56)	\$56 each + GST Meals only charge	Additional \$3 per meal	No Electives

Please Bring	Please Don't Bring
Pillow & Bedding (Sleeping bag/ Blankets/Sheet for single bed as preferred)	Mobile phones
Multiple Changes of Old Clothes (including long pants and warm jacket)	Ipods
Walking Shoes (2 pairs if possible as one pair will get wet)	Ipads
Swimmers (girls please wear a t-shirt over bikinis)	Chewing gum
Towel & Hat	No Aerosols – roll-on, pump or gel instead
Torch, Pen and Paper, Watch if you have one	Additional Items
Drink Bottle	Sun-Smart clothing needs to be worn for all activities – no singlets please
Personal toiletries	Asthmatics using puffers must keep it with them at all times
Insect repellent	
Plastic bag for wet and/or dirty clothes	

We look forward to having you with us at Emu Gully.